



Current and future directions in the prevention of child sexual abuse: the work of Stop it Now! Scotland

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Lucy Faithfull Foundation

The only UK-wide charity dedicated solely to
tackling child sexual abuse

Sunday Herald 4/02/18

'To the vast majority of the Scottish public, the idea of spending your working life in the company of child sex offenders is a vision of hell, but tucked away in a back street in Edinburgh are the offices of a little-known charity that work to prevent paedophiles from offending.'



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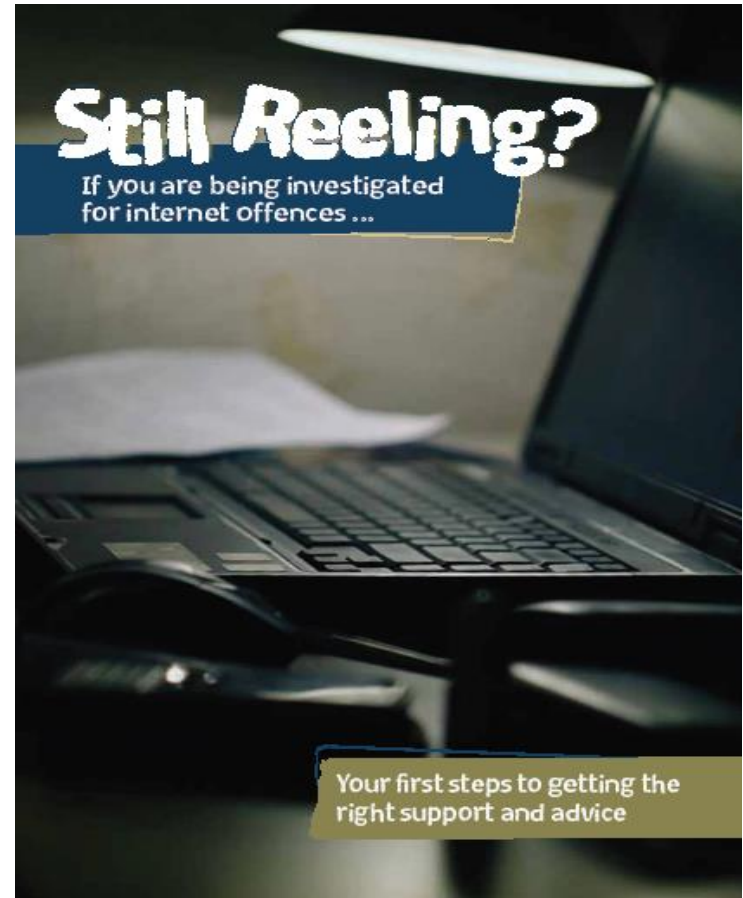
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EIPSAS

Early Intervention to Prevent Sexual Abuse in Scotland

- 'Still Reeling?' leaflets given to internet offenders at point of arrest
- Offenders and family members can contact our Scottish office or UK helpline
- All offered a face-to face meeting and on-going direct support
- Triage to groupwork, individual work, telephone support or NFA



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Sunday Herald comments

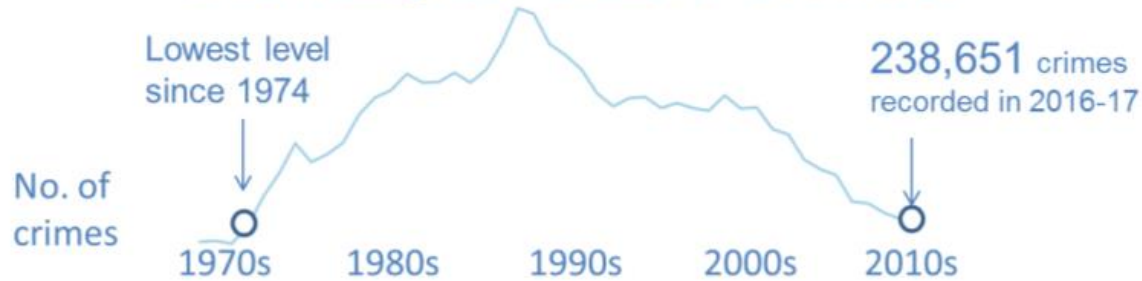
An extraordinarily difficult but so necessary job. Thanks to those that volunteer and to the Sunday Herald for its reasoned reporting of what is a very emotive story.

Sunday Herald comments

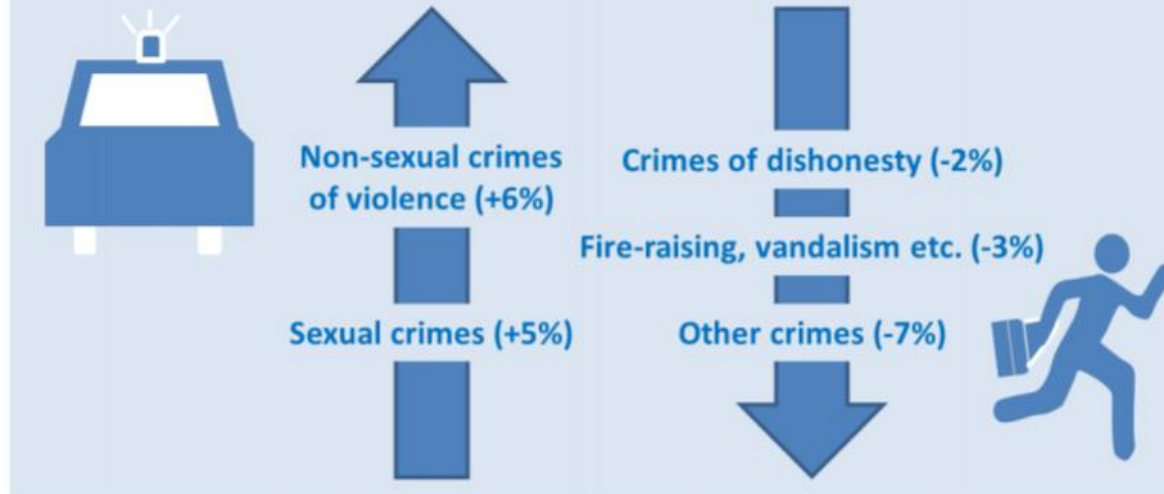
What is this rubbish Herald? There's no helping these creatures; there is no cure for their 'disease'. If given the chance; moments alone with a child, they will offend and crap like this only leaves the child to suffer. When are you going to stop your kowtowing to these 'insects' Herald; how many times do your headlines state a child is attacked and murdered, how many? The only help these freaks should get is long term prison/psychiatric lockup or the noose.

Recorded Crime in Scotland 2016-17

Over the year, crime **DOWN 3%**



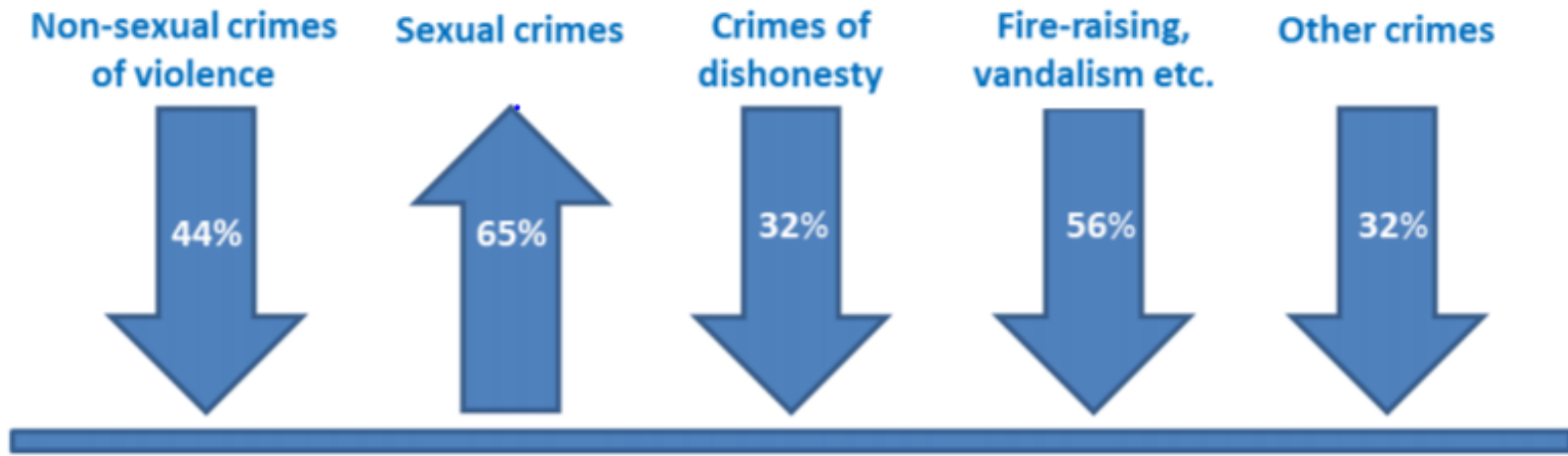
Some types of crime have increased, while others have fallen



Since 2007-08, most types of crime have fallen, though Sexual crime has increased

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though Sexual crime has increased



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Analysis of trends

- Sexual crimes account for 5% of all crimes recorded in Scotland in 2016-17
- at least 44% of the 10,822 sexual crimes recorded in 2016-17 by the police related to a victim under the age of 18. This proportion is unchanged on the previous year.
- Historical offences are a considerable factor in increase in reported sexual crime. 1,327 crimes of Lewd and Libidinous practices in 2016-17. These crimes should all relate to offences which occurred prior to the implementation of the Sexual Offences (Scotland) Act 2009
- cyber enabled 'Other sexual crimes' (i.e. where the internet has been used as a means to commit the crime) contributed around half to the total growth in all recorded sexual crimes between 2013-14 and 2016-17. Average age of perpetrator for these crimes is 18.

Scale of the problem – contact offending



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Scale of the problem – offending online (CEOPS estimate)



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Scale of the problem – online offending (NSPCC estimate)



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LFF / Stop it Now!

- LFF is an independent child protection charity specialising in the prevention of child sexual abuse.
- Stop it Now! is the campaigning arm of LFF, supporting adults to play their part in the prevention of child sexual abuse.
- LFF set up the Stop it Now! Helpline – 0808 1000 900 - in 2002
- Stop It Now! Scotland established 2008

Public Health Models

- **Primary prevention**

Preventing potential offenders committing an offence in the first place

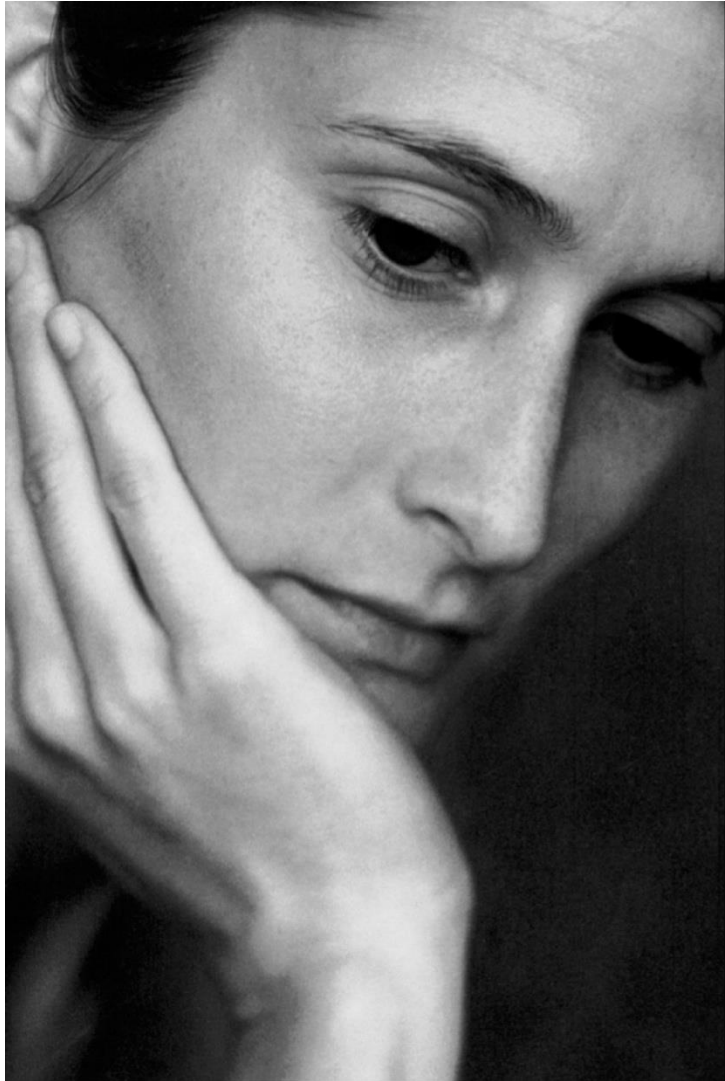
Preventing potential victims from being abused for the first time

- **Secondary Prevention**

Focussed on at risk individuals, groups and places

- **Tertiary Prevention**

Preventing recidivism and repeat victimisation



LOST FOR WORDS?

The thought that someone you know or love may be sexually abusing a child is one of the hardest things to face. But it is better to talk over the situation with someone than to discover later that you were right to be worried.

If you suspect that someone you know is sexually abusing a child, or if you are worried about your own thoughts or behaviour towards children ring the **Stop it Now!** freephone helpline now for confidential advice.

Freephone Helpline

0808 1000 900

www.stopitnow.org.uk

stop it now! UK & Ireland
Together we can prevent child sexual abuse

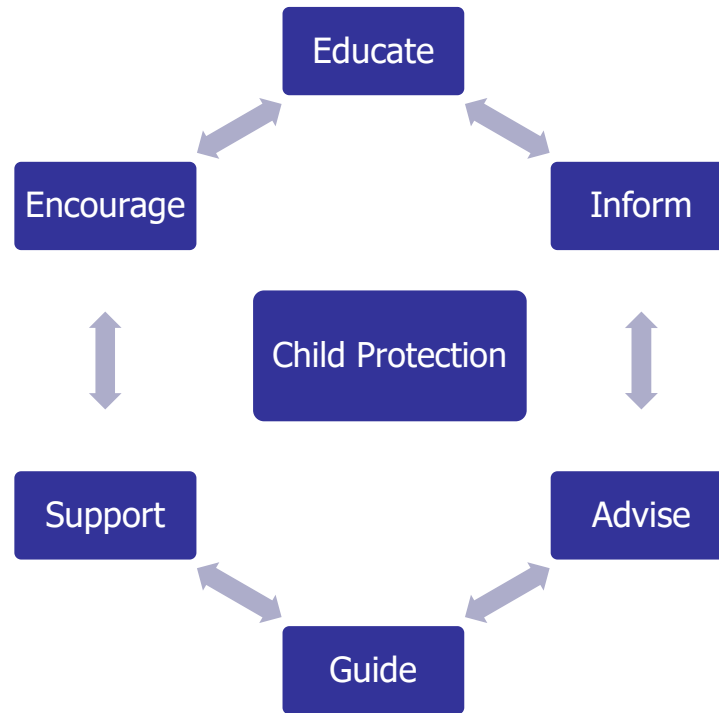
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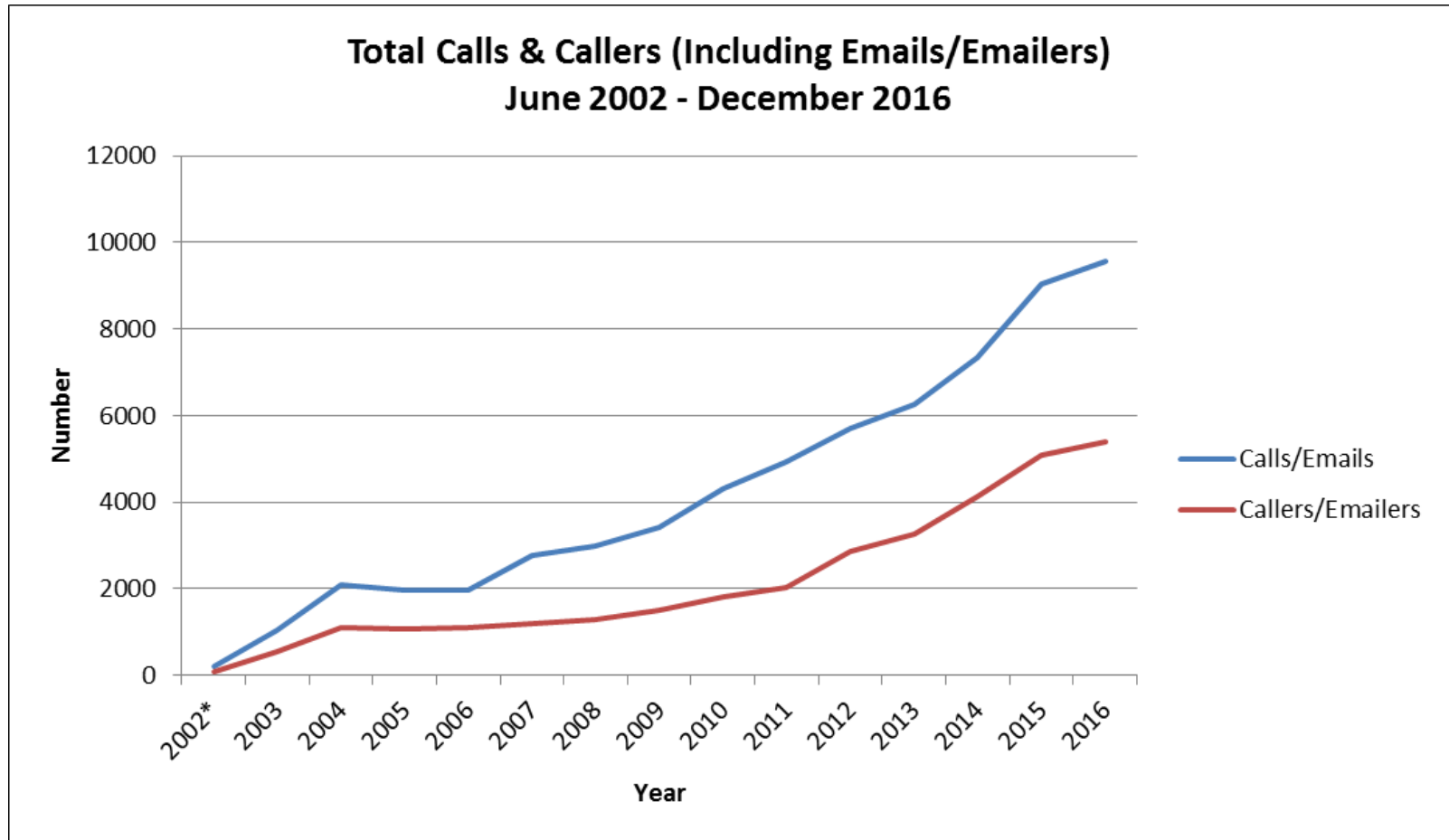
Helpline: key target groups

- Adult abusers and those at risk of abusing
- Family and friends concerned about another adult
- Parents/carers concerned about a child or young person with worrying sexual behaviour

Helpline tasks



Helpline calls and callers

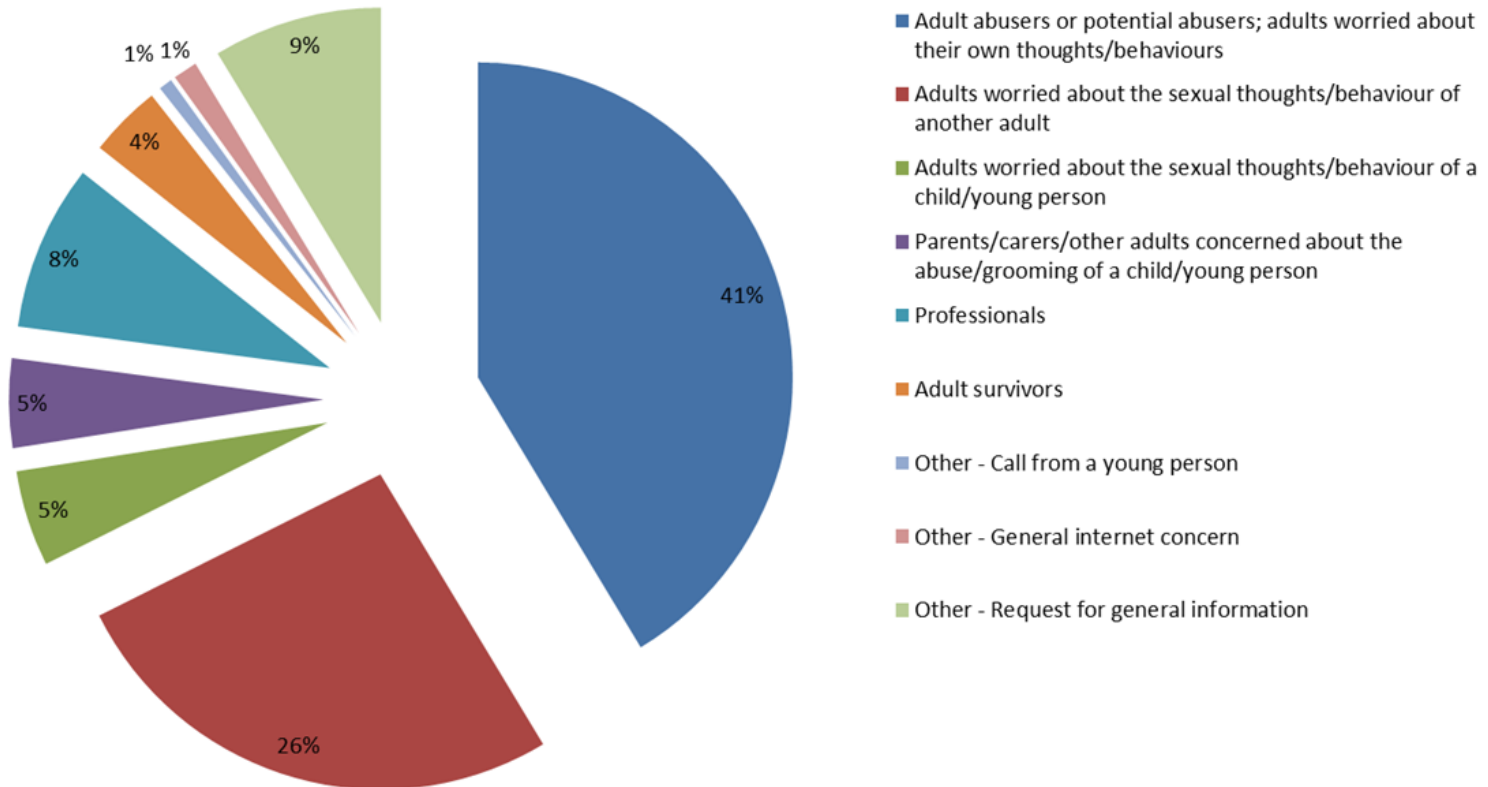


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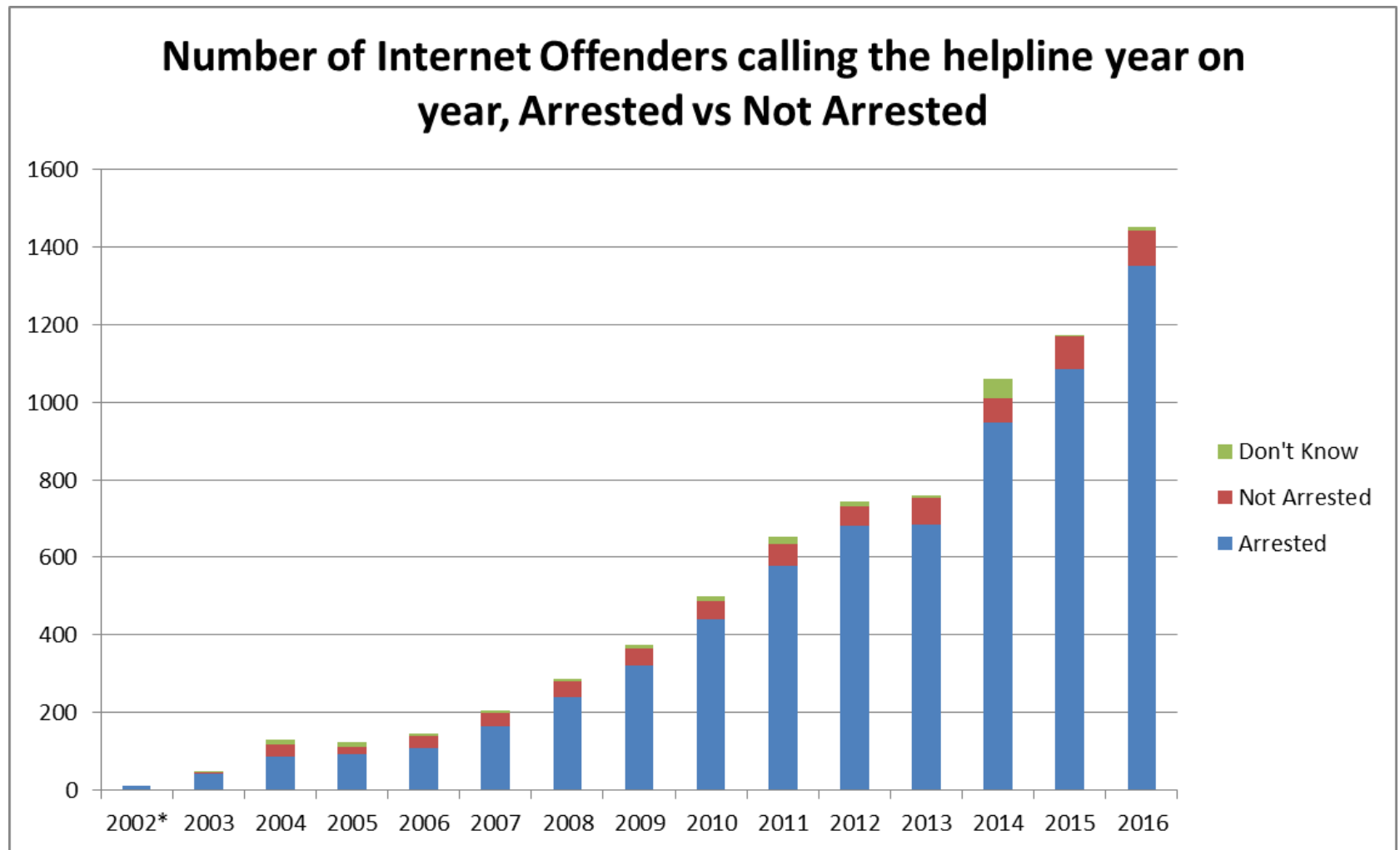


New slide – pie chart

New callers & emailers - January 2015 to December 2016 (inclusive)
by grouped client category (n= 10,496)



Helpline calls from internet offenders



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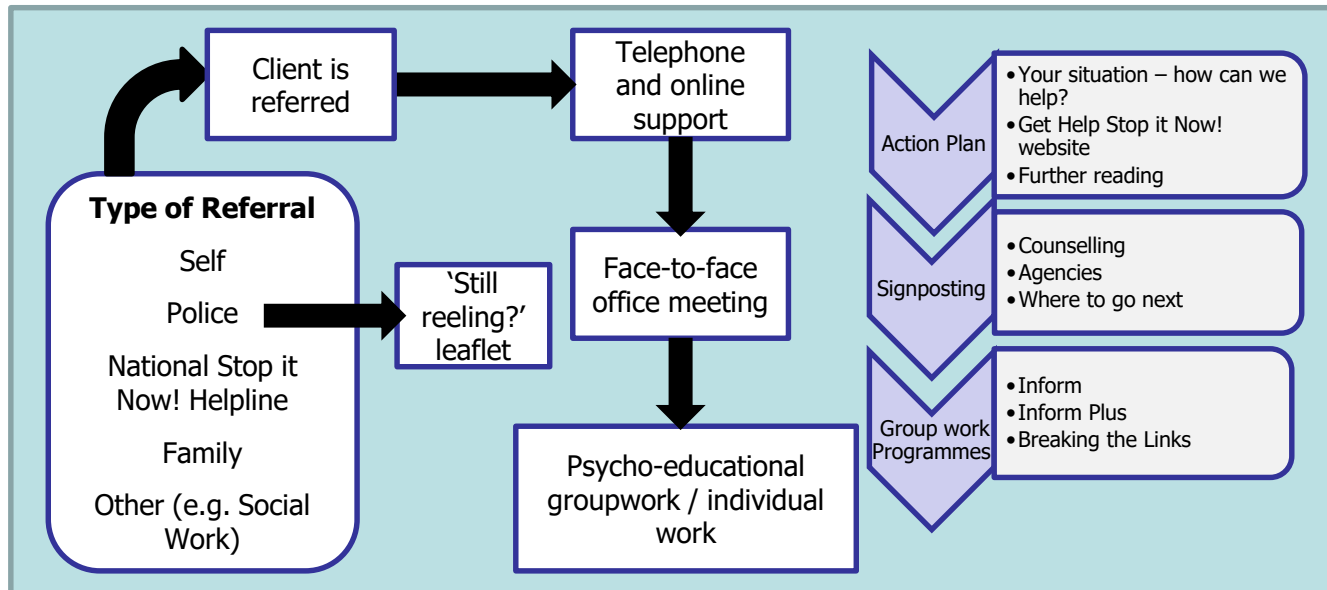
Direct impact of Helpline

(NatCen Social Research 2014)

- Understand behaviour can be changed
- Recognise behaviour as risky
- Implement techniques and change behaviour
- Strengthen other protective factors



Together we can prevent **child sexual abuse**



Inform

A 6 week psycho-educational group programme for partners and family members of those concerned about their online behaviour

Inform Plus

A 10 week psycho-educational group programme for those who are concerned about their own online behaviour

Breaking the Links

A 10 week psycho-educational group programme for those concerned about their online behaviour but who have also suffered trauma themselves

Inform Plus - evaluations

2016 - Benefits with:

- depression
- anxiety and stress
- self-esteem
- social competency
- improved locus of control
- reduced distorted attitudes.

2017 - Offenders reported:

- better able to manage their thoughts, feelings and behaviours
- motivated for change
- improved communication
- seeing a desirable future away from offending.

Dervley et al: Themes in participant feedback on a risk reduction programme for child sexual exploitation material offenders, Journal of Sexual Aggression.

Gillespie, et al: An evaluation of a community-based psycho-educational program for users of child sexual exploitation material. Sexual Abuse: A Journal of Research and Treatment

Are we making a difference?

	Upon initial contact	After working with Stop it Now!
Accommodation	8	9
Living skills and self-care	8	9
Mental health and well-being	4	7
Friends and community	5	7
Relationships and family	5	7
Parenting and caring	8	9
Drugs and alcohol (addictions)	8	9
Positive use of time	4	7
Managing strong feelings	5	7
A crime-free life	5	7

Video

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Google intervention

Google

Protecting children from sexual abuse

Accessing indecent images of children is illegal.

People arrested risk losing their jobs, family, friends and access to their children.

For anonymous, confidential and effective help to stop, visit seek-help.stopitnow.org.uk



At Google we work with child protection experts to find, remove and report this material because we new search results.

Splash page

O₂

Shop My O2 Support

Internet Watch Foundation

Access denied. Page may contain indecent images of children.

Deliberate access may result in you committing a criminal offence.

Consequences could include arrest, losing family, friends, access to children and/or jobs.

Stop it Now! can provide confidential and anonymous help to those with concerning or illegal internet use.



0808 1000 900 | help@stopitnow.org.uk | www.stopitnow.org.uk

You can also anonymously report a website that displays child sexual abuse material or content linked to minors at the Internet Watch Foundation website

If you think this page has been blocked in error please visit:
<http://www.iwf.org.uk/accountability/complaints/content-assessment-appeal-process>

[Full site](#) | [Store locator](#) | [Contact us](#)

[Privacy](#) | [Ts & Cs](#) | [Cookie Policy](#)

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The 'Get Help' website

Seeking help with illegal online image use?

Stop it now provides information and support for users of illegal online images and those around them, helping to cope with difficult emotions and to change problematic behaviours.



Anonymous user

100% anonymous self help resources

[Start a new session](#) ➔

[Resume previous session](#) ➔



Family and Friends

Get anonymous information and support

[Continue](#) ➔



Professionals

Content for professionals

[Continue](#) ➔



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Stop it Now! website



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of Childhood Sexual Abuse Down from Previous Generations

Sexual Violence: Risk Factors | 0 comments

Search

Posts

Teaching Healthy

in class

Boundaries at School:

of custodians

Limitation and the

ual abuse

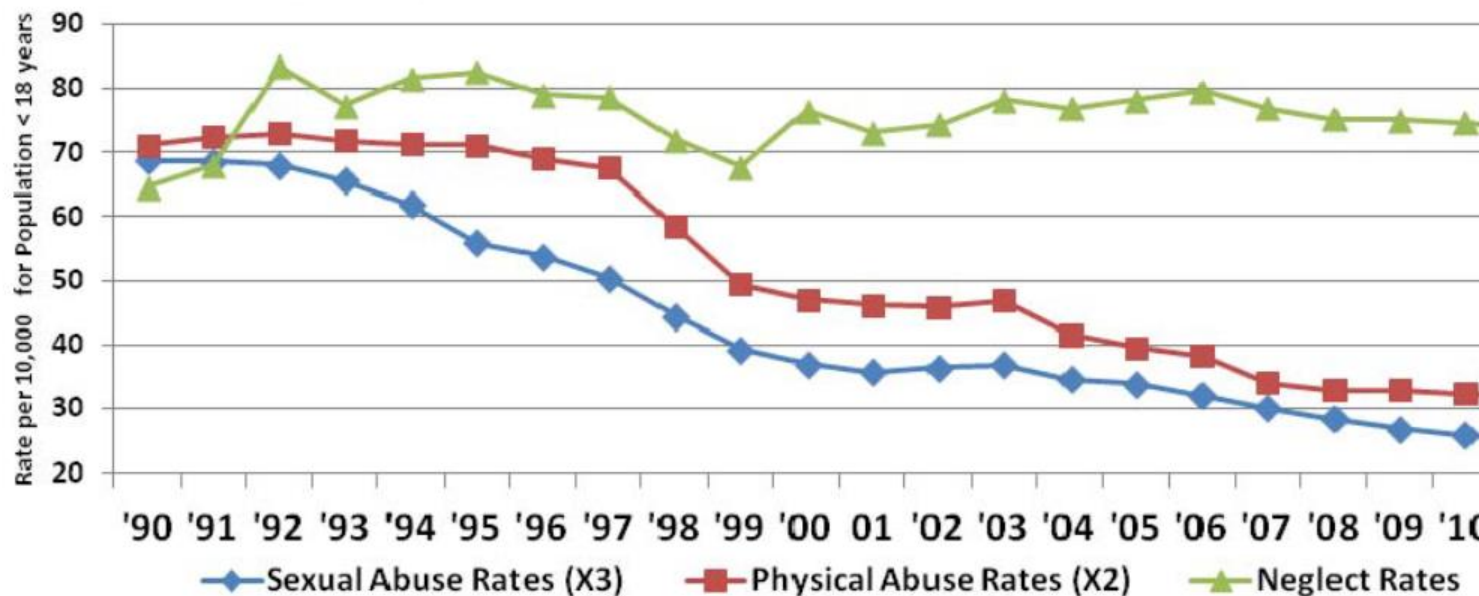
Healthy boundaries

harassment

in middle school

Leaving sticker:

Figure 1. U.S. Maltreatment Trends: 1990-2011



Source: National Child Abuse and Neglect Data System (NCANDS), which aggregates and publishes statistics from state

Future Directions

- Targeted deterrence campaigns
- Situational prevention

Contact details

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